



30 Packets

Supplement Facts

Serving Size 1 Packet (4 capsules, 3 tablets, 1 softgel) • Servings Per Container 30

Amount Per Packet	% Daily Value	Amount Per Packet	% Daily Value
Calories	10	Chromium (as chromium nicotinate glycinate chelate**)	100 mcg 83%
Calories from Fat	10	Molybdenum (as molybdenum glycinate chelate**)	75 mcg 100%
Total Fat	1 g 2%†	Boron (as boron aspartate-citrate)	1 mg *
Saturated Fat	0 g 0%†	Vanadium (as bisglycinate oxovanadium)	50 mcg *
Polyunsaturated Fat	1 g *	Choline (as choline bitartrate)	75 mg *
Vitamin A (86% (7,500 I.U.) as natural carotenes alpha, beta, beta-cryptoxanthin, zeaxanthin, and lutein) from <i>D. salina</i> and 14% (1,250 I.U.) as vitamin A palmitate)	8,750 I.U. 175%	Inositol	25 mg *
Vitamin C (as ascorbic acid)	600 mg 1000%	para-Aminobenzoic Acid USP	25 mg *
Vitamin D ₃ (as cholecalciferol)	1,500 I.U. 375%	Citrus Bioflavonoids (96% as citrus bioflavonoid complex, min. 50% bioflavonoids and 4% as hesperidin methylchalcone)	175 mg *
Vitamin E (as d-alpha tocopheryl succinate and as natural mixed tocopherols d-alpha, d-beta, d-delta, d-gamma) from soy	200 I.U. 667%	Alpha-Lipoic Acid	200 mg *
Vitamin K (67% as vitamin K ₁ phytonadione and 33% as vitamin K ₂ menaquinone-7)	30 mcg 38%	N-Acetyl-L-Cysteine USP	200 mg *
Thiamine (as thiamine hydrochloride USP)	50 mg 3333%	Bilberry (<i>Vaccinium myrtillus</i>) fruit, dried extract, min. 25% anthocyanosides	60 mg *
Riboflavin (as riboflavin USP)	25 mg 1471%	Ginkgo (<i>Ginkgo biloba</i>) leaf, dried extract, min. 24% ginkgo flavone glycosides and 6% terpene lactones	40 mg *
Niacin (75% as niacinamide USP and 25% as niacin USP)	100 mg 500%	Green Tea (<i>Camellia sinensis</i>) leaf, dried extract, min. 50% catechins (polyphenols)	180 mg *
Vitamin B ₆ (as pyridoxine hydrochloride USP)	25 mg 1250%	Milk Thistle (<i>Silybum marianum</i>) fruit, dried extract, min. 80% silymarin	300 mg *
Folate (as Metafolin*** L-5-methyltetrahydrofolate)	400 mcg 100%	Pycnogenol**** Pine Bark (<i>Pinus maritima</i>), dried extract	5 mg *
Vitamin B ₁₂ (as methylcobalamin)	100 mcg 1667%	Red Grape (<i>Vitis vinifera</i>) seeds, skin, and stems, dried extract with resveratrol	100 mg *
Biotin USP	150 mcg 50%	Turmeric Phytosome***** (<i>Curcuma longa</i>) root, dried extract, min. 18% curcuminoids, phosphatidylcholine complex*****	500 mg *
Pantothenic Acid (as d-calcium pantothenate USP)	200 mg 2000%	Marine Fish Oil Concentrate	1 g *
Calcium (82% as calcium citrate-malate and 18% as d-calcium pantothenate)	126 mg 13%	Supplying the following	
Iodine (from kelp)	75 mcg 50%	Omega-3 fatty acids:	Compound Weight‡ FFA Weight††
Magnesium (75% as di-magnesium malate and 25% as TRAACS® magnesium bisglycinate chelate**)	100 mg 25%	Eicosapentaenoic acid (EPA)	360 mg 330 mg
Zinc (as zinc arginate chelate**)	7.5 mg 50%	Docosahexaenoic acid (DHA)	270 mg 250 mg
Selenium (as L-selenomethionine)	235 mcg 336%		
Copper (as copper bisglycinate chelate**)	1 mg 50%		
Manganese (as manganese bisglycinate chelate**)	1 mg 50%		

Other Ingredients: Gelatin, vegetarian capsule (hydroxypropyl methylcellulose, water), cellulose, carboxymethylcellulose sodium, microcrystalline cellulose, glycerin, natural mixed tocopherol vitamin E, water, stearic acid, natural lemon oil, magnesium stearate, L-leucine, silicon dioxide, natural vanilla flavor, natural citrus flavor, rosemary extract, and OpaDry® coating.

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 *****Meriva® brand bioavailable curcumin. Meriva® is a registered trademark of Indena S.p.A., Milan



†Amounts reported as weight of the fatty acid compound.
 ††Amounts reported as free fatty acid (FFA) equivalents by weight in accordance with voluntary CRN Monograph.

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Suggested Use: 1 packet daily with evening meal.
 Each packet contains 1 large, beige **Liver Support Plus** capsule, 3 oblong, yellow **Multiple Vitamins & Minerals** tablets, 1 small, white **Vitamin D₃** capsule, 1 large, bright orange **Turmeric Phytosome 500** capsule, 1 oblong, clear **Ultra-Potent Fish Oil** softgel, and 1 large, medium brown **Flavonoid Complex** capsule.
 Do not use if shrinkwrap is broken or missing. Store in a cool, dry place (59°F-85°F) away from direct light. KEEP OUT OF REACH OF CHILDREN.

PLEASE NOTE: The tablets in these packets may darken or develop dark spots over time as a result of contact with softgel capsules. This is caused by transfer of moisture from the softgels and does not affect the potency of the products.
 This product was made in a GMP and ISO 9001:2008 registered facility.

